

2009 Union Counselling Levels 1 and 2 Training Schedule

Labour Community Services of Peel

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EDUCATE • ADVOCATE • VOLUNTEER



THE ONTARIO TRILLIUM FOUNDATION  LA FONDATION TRILLIUM DE L'ONTARIO

Peer Support and Referral - Union Counselor Training Program

Union Counsellors provide referrals and supports in the workplace by

- Helping members over and above what is provided in the Collective Agreement
- Linking members with community resources when they need it
- Promoting labour~community relations

Supplementary issue-specific sessions offered in 2009:
Dates for these sessions are listed on the registration page, over ...

- | | |
|--|---|
| i) Harassment & Bullying | ii) Financial Barriers and Credit Counselling |
| iii) Seeking Balance @ Work & Home | iv) Impacts on Mental Health |
| v) Substance Dependencies and Addictions | vi) Stress |

*Note that the 6 supplementary sessions allow a 45 minute presentation by a labour or community member knowledgeable in the issue ~ this portion of each session is open to the community as space allows
Details of course contents are available on request*

**All sessions are held at LCSP (see this map for our location <http://www.bmdlc.ca/locationMap.html>)
All sessions start at 6pm and finish at 9pm on a Thursday evening**

Contact Ali Lennox for more information, 905 696-7444 or alennox@bmdlc.ca

**Labour Community Services of Peel is a project of the Brampton, Mississauga and District Labour Council
in partnership with the United Way of Peel Region**

2009 Union Counselling Levels 1 and 2 Training Schedule

1. Please read the information below:

- To register only for Level 1, check the box in part “A” and complete part “C”
- If you are a Level 1 Graduate registering only for Level 2, check the box in part “B” and complete part “C”
- If you are registering to attend Levels 1 & 2 together, check the boxes in part “A” and “B” and complete part “C”. *If you are not a graduate of Level 1, you can register now for level 1 and 2: You would then attend all sessions in the order they are offered, graduating from level 1 on April 30th and level 2 on December 10th.*

A) UC Level 1 focuses on listening, interviewing, communication and referral skills and integrates equity issues.

Level 1 has 6 mandatory sessions. These 6 sessions are provided only on the following dates: March 26, April 2nd, 9th, 16th, 23rd, and the 30th

Check here to indicate that you will attend on these dates

➤ **As well**, you need to attend two supplementary sessions:
Chose two from the list in part C below.

B) UC Level 2 expands and deepens your knowledge about various social issues you might encounter and gives you opportunity to share your experiences and challenges in the role.

Level 2 has two mandatory sessions. These 2 sessions are provided on the following dates: May 7th and September 10th

Check here to indicate that you will attend on these dates

➤ **As well**, you need to attend all six supplementary sessions:
Check each date below to indicate you can attend.

C) The supplementary sessions are available on the following dates:

May 14___(issue i) May 21___ (issue ii) September 17___(issue iii)

October 15___(issue iv) November 19___(issue v) December 10___(issue vi)

See the list of issues covered for each date on page one, over ...

2. Participant information

Name _____

Preferred contact number _____ Email _____

Home address _____

Postal code _____ Union, local and unit _____

3. Send this form to Labour Community Services of Peel by fax (905) 696-7999, or by email to alennox@bmdlc.ca or by regular mail to:
LCSP, 989 Derry Road East Suite 403 Mississauga, ON. L5T 2J8

4. Send the registration fee: The cost for each level is \$100.00; please pay by cash or cheque to LCSP

Please check here if your union local is affiliated with the Brampton Mississauga and District Labour Council